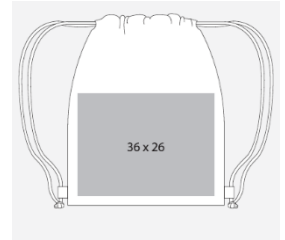


## **BG137//Reflective Gymsac**

Fabric Composition:

85% Polyester/15% Cotton

**Recommended area size for decoration (WxH in CM):**



**1<sup>st</sup> Showcased decoration method** – *Transfer Print (Reflex Silver FX print//Adkins swing head heat press used in this example)*

1. For the **reflective side**, set the heat press at 150 degrees, high pressure, timer at 15 seconds, cover with a polyester fleece sheet
2. For the **polyester side**, set the heat press at 150 degrees, medium pressure, timer at 10 seconds, cover with a Teflon sheet
3. When pressing, make sure the drawcords are kept out from under the press head
4. Pre-press the surface for 5 seconds, covering with either a polyester fleece sheet or Teflon sheet
5. Slowly peel off the transfer paper, and leave to cool

*\*Personalisation and decoration can be applied in many areas. The above illustrates the easiest recommended area on this product.*

### **Other recommended decoration methods:**

#### **1. Embroidery**

- 18cm hoop recommended for decoration area
- Gym sac design ideal for embroidery

#### **2. Applique**

- Heat applied patches sold by third parties like Etsy can be easily attached with a heat press
- Cover surface with a Teflon sheet

### **Related Products;**

- BG134
- BG110
- BG136

